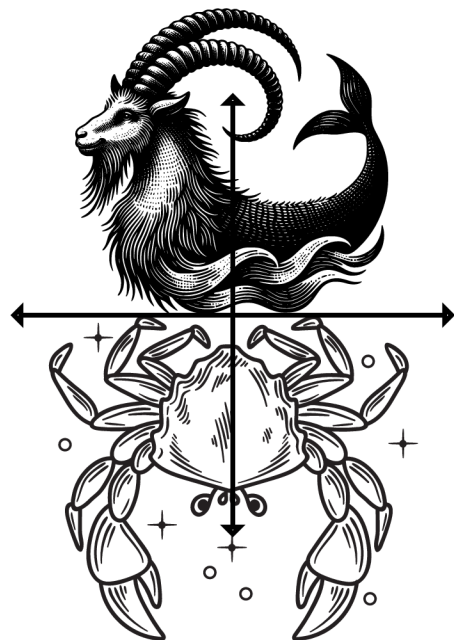




ONE CUP TO SIX

0 1 2 3 4 5 6 7 8 9 10

A Cancer–Capricorn Axis Spread

Significators - present theme of each sign
 THE CHARIOT (CANCER ♋ - HEART, ATTACHMENT, FLOW)
 THE DEVIL (CAPRICORN ♑ - STRUCTURE, VOWS, IDENTITY)

CANCER PILLAR – FEELING THE UNSEEN (SELF-NURTURE)

1. Tidal Source (Cancer 7H)

→ What emotional stream am I pouring into one cup?

2. Inner Shore (Six of Cups Path)

→ What does my inner child truly want to receive?

3. Moon-Tide (Unseen Emotions)

→ What feelings am I not naming that drive over-pouring?

THE BRIDGE – MOVING THE WATER

7. Cup Transfer (Gemini

Venus 6H)

→ What daily practice moves energy from one cup into many?

8. Hearth Spark (Aries Mars 4H)

→ One bold protective act at home/root that keeps energy with me.

9. Soul Signal (Aquarius NN 1H)

→ How do I visibly embody truth so others meet me there?

10. Six Cups Outcome (Integration)

→ What weekly joy/memory nourishes and stabilizes me?

CAPRICORN PILLAR – SPINE & BOUNDARIES (SELF-DEFINITION)

4. The Mountain (Capricorn 1H)

→ What identity stance/standard actually serves me?

5. Gate of Duty (Obligations)

→ Which promise or “should” needs release or renegotiation?

6. The Ledger (Small Wins)

→ Where can small, repeatable wins be structured for growth?

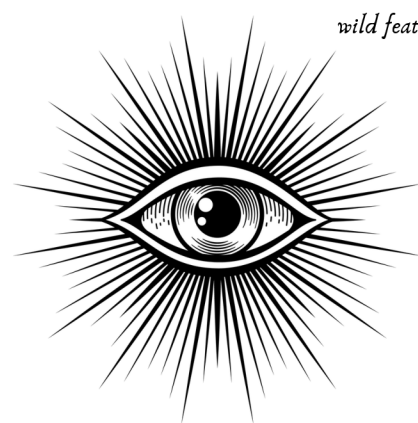
CLARIFIERS - PULL ORACLE IF NEEDED

For Card 2 or 10 → “What makes this feel safe?”

For Card 6 → “Where do I log or celebrate the win?”



THE CUSTOM GUIDE



HOW TO READ (QUICK GUIDE)

Elemental check: Cups (Cancer) vs. Pentacles (Capricorn). If Cups dominate on the right pillar, the structure is too emotional; if Pentacles dominate left, feelings are over-managed, rebalance. Breathwork and/or stones

Majors pattern: If The Lovers / 2 of Pentacles appear in #7, the "transfer" needs choice + scheduling. If Temperance lands anywhere on the Bridge, it's perfect, that is alchemy confirmed.

Red flags to reframe:

5 of Cups at #1 → name the loss; then look to #6 and #7 for micro-wins + routine to re-channel.

10 of Wands at #5 → an inherited duty; write a release vow.

7 of Swords at #8 → stealthy boundary at home; protect your recovery window.

RITUAL & TRACKING (MICRO-ALCHEMY)

Small-Wins Ledger (ties to #6): After the reading, list 3 tiny wins you can repeat daily (5-10 min max). Create a visible checkbox grid (paper or notes app).

Mark them for 21 days.

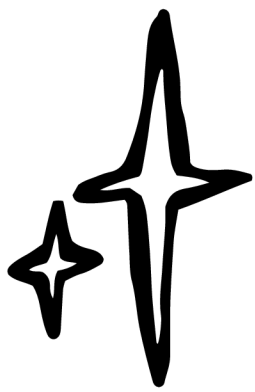
Cup Transfer Timer (ties to #7): Set a recurring 10-minute block right after an energy leak moment (e.g., post-text, post-meeting). That's when you move the water.

Hearth Spark (ties to #8): Choose one home boundary (door-closing ritual, phone in a basket, music cue) to protect decompression.

Personal Affirmation

"I no longer pour into what drains me;
I pour into what remembers me, and my soul is
satisfied."



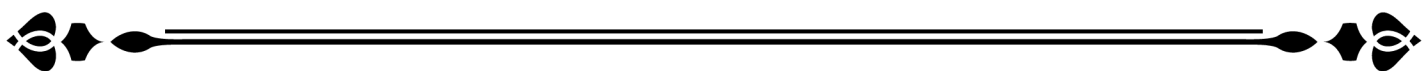


Tarot Journal Prompts:

One card per question



1. *Where am I pouring my energy because I crave certainty?*
2. *What joy or play would my 10-year-old self choose this week?*
3. *What three words describe the hidden feeling beneath my habit?*
4. *What posture or stance says, "This is who I am," before anyone asks?*
5. *Which promise, vow, or obligation no longer belongs to me?*
6. *What tiny win is ready to repeat daily and stack over 90 days?*
7. *What 10-minute practice can move love/care directly into my calendar?*
8. *What single action can make my home a true guard of my energy?*
9. *What signal (clothing, phrase, or boundary) declares my lane clearly?*
10. *What simple joy will I revisit weekly to keep my cups full?*



Notes

